



VEGETABLE ALPHABET

ARTICHOKE

ASPARAGUS

BOK CHOY

BEAN

BEETROOT

BROCCOLI

BRUSSELS SPROUTS

CABBAGE

CAPSIUM

CARROT

CAULIFLOWER

CELERY

CELERIAC

CHOKO/CHAYOTE

CORN

CUCUMBER

EGGPLANT /AUBERGINE

ENDIVE

FENNEL

KALE

LEEK

LETTUCE

PARSNIP

PEAS

POTATO

PUMPKIN

RADISH

ROCKET

SHALLOT

SNOW PEA/MANGETOUT

SPINACH

SQUASH

SUGAR SNAP PEAS

SWEDE

SWEET POTATO

TURNIP

WATERCRESS

YAM

ZUCCHINI/COURGETTE

